

**2010-2011 center averages
& highest league averages**

**Sports Plus/Carmen Don Pro-Am
raises \$2,500 for BVL**

BOWL MAGAZINE

SEPTEMBER 2011

OFFICIAL PUBLICATION OF THE NATION'S CAPITAL AREA USBC ASSOCIATION



HOLLIS F. McMULLEN



KIRK S. WILLIAMS



MICHAEL J. WARBOY



OFFICIAL ENTRY FORM

NATION'S CAPITAL AREA USBC ASSOCIATION

2ND ANNUAL MIXED TOURNAMENT IN SUPPORT OF BVL

Certified by the United States Bowling Congress

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BOWL MAGAZINE

September 2011
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Serving the nation's third largest bowling market, BOWL Magazine was honored five times by the American Bowling Congress as the nation's "best local association publication."



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PUBLISHER: Nation's Capital Area USBC Association,
9315 Largo Drive West, Suite 110, Largo, Maryland 20774-4762
301/499-1693 • 301/499-5927 (fax)

EDITOR: Robert Cosgrove

No computer? No problem!

Don't have a computer or do have one without Internet access and are concerned about missing digital editions of *BOWL Magazine*? Fear not, for there are options you can take to stay informed.

First, you can simply ask a friend or fellow bowler with Internet access to print a copy of the publication for you. There currently are as many as five online viewing options for *BOWL Magazine*, and one of them is a version specially prepared for printing purposes.

You also can visit your local public library to view digital editions of *BOWL Magazine* produced throughout the 2010-2011 bowling season, this season, and those to come. Library staffers normally enjoy assisting those with little or no computer savvy or knowledge of the information superhighway. All you have to do is mention the address of the association's Web site—ncausbca.org—and staff members should be able to get you there.

If you still wish to receive standard black-and-white printed pages of the 2011-2012 season's publications, you can have them mailed to your residence by sending a \$7.50 check to cover postage made payable to "NCAUSBCA" and mailing it to *BOWL Magazine*, 9315 Largo Drive West, Suite 110, Largo, MD 20774-4762.

Again, not having a computer or Internet access is not a problem for those wishing to read *BOWL Magazine*. Unlike the past when centers occasionally ran out of copies before you arrived for your night of league bowling, the publication is now *always* available; you just need to make the effort and choose an option to view it.

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ON THE COVER: The NCAUSBCA Hall of Fame Induction Celebration for the three members of the "Class of 2011" will take place on Saturday, October 8 beginning at 1 p.m. at Blue Jay Pavilion at Seneca Creek State Park in Gaithersburg, Md. ... A few of the world's best bowlers and some top local players participated in the Sports Plus/Carmen Don Pro-Am at Rinaldi's Riverdale Bowl to help raise money for a good cause. (Photos by Bob Cosgrove)

BOWL Magazine is published bi-monthly, September through June/July ("Summer") by NCAUSBCA Inc. The magazine, like the association, is dedicated to the advancement of the sport of tenpins and hopes to foster and nurture the spirit of good sportsmanship throughout its pages. The editorial and business offices are located in the NCAUSBCA office. The deadline for advertising material, copy, photographs, or other editorial material submitted for publication, is the 15th of the month preceding the cover date. The editor reserves the right to alter or reject any copy, photograph, or advertising material submitted for publication. Reproduction and/or distribution in any form, in whole or in part, is strictly prohibited without prior written authorization. Copyright © 2011 by NCAUSBCA Inc. All rights reserved.

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USBC ANNOUNCES PROGRAM TO RETAIN NEW LEAGUE BOWLERS

To be eligible for ranking in the 2011-2012 season, adults must bowl a minimum of 66 games in at least two NCAUSBCA-certified leagues (NCAUSBCA-certified travel leagues included) held in two different centers. Women must bowl in each event of the 2012 NCAUSBCA Women's Championship Tournament; men must bowl in each event of the 2012 NCAUSBCA Open Championship Tournament. Scores bowled by women in the Open Championship Tournament will be included with the required qualifying totals for ranking purposes. Ranking guidelines appear [here](#).

The leading brands in the bowling industry are teaming up with the United States Bowling Congress to create an aggressive new program designed to engage and retain first-time league bowlers. The new USBC Welcome to Bowling program is scheduled to launch in the fall and will include exclusive offers providing new league bowlers access to proper equipment and coaching. "Our data shows that 63 percent of first-year USBC bowlers do not come back to join a league the next year," said USBC Executive Director Stu Upson. "Industry research shows the primary reasons new bowlers quit the sport is they feel uncomfortable about their equipment and ability. A proper ball and some basic instruction appear to be the keys to reversing the trend." The USBC Welcome to Bowling program will be offered exclusively to 2011-2012 season USBC members who have not been members the last three years. These new USBC members will receive an invitation to take advantage of special offers designed to hook them on the sport. Key elements of the program include: "USBC Welcome to Bowling" Ball Offer, "USBC Welcome to Bowling" Coaching Offer, and "USBC Welcome to Bowling" Coaching Tips and Video Series ([click here](#) for program details). "USBC and the bowling industry must act to address this key challenge of retaining first-year bowlers," Upson said. "Our goal is for this new initiative to become something the entire industry can benefit from."

BRIEFLY....



Lamont Bush

Fred Dailey of Woodbridge, Va., recorded two 800 series within a five-day period in the Tuesday Nite Tenpinners league at Bowl America Shirley and in the Colonial Virginia Open in Williamsburg, where he captured the scratch all events and singles as well as the handicap doubles with Adam Martin of Dale City, Va. Meanwhile, Edrick Bracey of Columbia, Md., and Marcus Nelson of Suitland, Md., took top honors in the scratch doubles. ... Roto Grip recently announced that the first person to roll a USBC-certified 900 series in league competition with either of its two newest balls in the Sword™ line – the Bandit™ and/or the Outlaw™ – will win \$100,000. Official rules, restrictions, and contest details are available [here](#). ... The local bowling community was shocked and saddened to learn of the July 21 death of Youth coach Lamont Bush of Waldorf, Md. Bush, who bowled last season in the Jimmy Jones Memorial and Jimmy Jones Trios leagues at AMF Waldorf, was 47. Survivors include his wife, Vicky, and daughter, Briana.

MEMBERSHIP DEPT.

LeCount M. Hughes Jr. of Beltsville, Md., recently was suspended from membership in USBC and is never to hold office. ... Robin M. Selvage of Triangle, Va., has been reinstated to membership in USBC and again becomes eligible to compete in USBC leagues and tournaments with all of the attendant membership privileges.

FOR THE RECORD

Due to incorrect submissions, 2010-2011 season averages for bowlers in the Woodbridge Handicap Trio league at Bowl America Woodbridge are not correct in the current *Annual Averages* book. The correct averages for these bowlers (with league code WB019) and for Grace A. Alexander (165 average / 105 games in RD003) and Ernie G. Kadlick (134 / 28 in SG001) appear on the association's Web site at ncausbca.org.



PRESIDENT'S MESSAGE • JANE ANDREWS

A new season begins

Welcome to the 2011-2012 bowling season. I am really excited about taking on the responsibilities as president and not only welcome the challenge but look forward to the task at hand.

It is my hope that this year will be one of growth and hopefully one where we can increase or at least sustain our membership numbers. The membership decline over the years has had a tremendous impact on the association, but we will continue to strive to provide you the best possible service to which you are entitled. After all, we need you to bowl and, if possible, to bowl more often!

I welcome any suggestions you may have to make help make NCAUSBCA the No. 1-ranked association in the nation. Please feel free to contact me and let me know what I can do to make your bowling season the best that it can be. I have a hard-working board of directors, and these individuals also will be at your service.

As always, Good Luck, Good Bowling, and High Scores.

[Email Jane Andrews](mailto:jane@ncausbca.org)

Calendar of Events

SEPTEMBER

24-25, October 1-2, 8-9, 15-16, 22-23 – Virginia State USBC Senior Tournament in Danville (entry deadline: September 9).

OCTOBER

8 – NCAUSBCA 48th Annual Hall of Fame Induction Celebration at Seneca Creek State Park in Gaithersburg, Md.
22-23, 29-30 – NCAUSBCA 30th Annual Senior Tournament at Bowl America Gaithersburg (entry deadline: October 17).

NOVEMBER

5-6, 12-13 – NCAUSBCA 2nd Annual Mixed Tournament in support of BVL at AMF Annandale (entry deadline: October 25).



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Knowledgeable league bowlers help make better leagues

Fall leagues are holding their organizational meetings, so all team captains and bowlers should attend these meetings and voice their opinions about the rules of the league and how the league should be run for the season.

A few things to keep in mind:

- The league's board of directors, which consists of the team captains and league officers, makes the decisions dealing with how the league is governed. League officers cannot make decisions without consulting the board of directors.
- The bank statement *must* be sent to the president of the league. Failure to do this will have an effect on the bonding for your league.
- The secretary has 30 days to forward the league application and all membership requests to the association. Sub-

mission any later than that also will affect the bonding of your league.

- The league president is required to appoint an audit committee and a prize committee (keeping in mind that the prize lists must be presented to the league members by the *fifth* week of bowling). He/She also should consider appointing a postponement committee.

All league members should be aware of these provisions and make sure the league officers carry out their duties. If anyone has any questions, do not hesitate to contact me. If I don't know the answer, which is rare, I will get an answer for you.

The dates and sites for most of this season's tournaments have been set:

- **Senior** – October 22-23, 29-30 at Bowl America Gaithersburg.
- **Mixed** (in support of BVL) – November 5-6, 12-13 at AMF Annandale.
- **Youth** – March 3-4, 10-11 at Bowl America Bull Run.
- **Women** – March 3-4, 10-11, 17-18 at Bowl America Burke.
- **Open** – April 14-15, 21-22, 28-29 at Bowl America Woodbridge and Bowl America Shirley.

Make sure to sign up early to obtain the dates and times you most desire.

When you go to practice, bring a friend and introduce him or her to this great sport and explain the benefits of belonging to a league.

On August 1, we welcomed Jane Andrews as the new president of our organization. I have known Jane for more years than I care to remember, and I am sure she will do an excellent job.

Here's hoping that this season is the best you have ever had. As Roy Rogers said, "Happy Trails."

Email Ray Brothers

THE QUESTION:

What is your top bowling goal for the 2011-2012 season?

I want to be more consistent.



Carlos Barrett Jessup, Md.

To gain consistency and accuracy ... and bowl a perfect game!



Kathy Carter Crofton, Md.

To improve my consistency and my ball speed.



Taylor Greene Odenton, Md.

Bowl more 300s—I have five, and my last one was in 2008.



John Lancaster Washington, D.C.

Bowl better than I did last year. I can do better.



Terry Lancaster Washington, D.C.

STEINSIEK

I HOPE DON ISN'T MAD AT ME FOR SAYING HE'S A LOUSY BOWLER.



Walt Steinsiek's "Cartoon of the Week" is featured at ncausbca.org.

NCAUSBBCA Hall of Fame Induction Celebration



**RIBS, CHICKEN,
HOT DOGS &
HAMBURGERS ...
ALL YOU CAN EAT!**

**CATERED BY
STRONG'S BBQ**

TO BE INDUCTED:

**Hollis F. McMullen
Michael J. Warboy
Kirk S. Williams**

**BRING THE
ENTIRE FAMILY!**

**SENECA CREEK STATE PARK
(Blue Jay Pavilion)
11950 Clopper Road • Gaithersburg, Md.**

SATURDAY, OCTOBER 8, 2011

Activities begin at 1 p.m.

**Tickets: \$30.00 (\$20.00 for children ages 10 and under)
Dress: Casual**

For tickets, contact the association office at 301/499-1693.

Please leave a message if necessary.

**TICKETS ALSO AVAILABLE AT SPORTS PLUS/CARMEN DON PRO SHOP,
5130 DUKE ST UNIT 5, ALEXANDRIA VA 22304 PHONE: 703/751-4255**

Patrons will be acknowledged in the Hall of Fame Program:
Red Patron: \$10 • White Patron: \$25 • Blue Patron: \$50 or more

NCAUSBCA Hall of Fame to welcome McMullen, Warboy, and Williams

Seneca Creek State Park in Gaithersburg to host October 8 Induction Celebration

Hollis F. McMullen has been a long-time member of our association and has distinguished himself as both a high-quality scratch bowler and a leader in our sport with his organization of events for the scratch bowler. He has bowled for more than 30 years and has been a member of the Professional Bowlers Association for over 10 years. He lists among his many bowling accomplishments numerous cashes in PBA events, including a fifth-place finish in the 2005 PBA Senior Manassas Open Tournament. Hollis continues to participate in multiple leagues and tournaments.



Several years ago, he saw a need for a competitive league to be conducted on tough lane conditions. He organized and successfully ran such a league at AMF Alexandria. Many of this area's premier bowlers credit Hollis's league with helping them understand how to play the more competitive conditions they encounter at out-of-town tournaments.

In 2003, Hollis returned PBA action to our area for the first time in over a decade by organizing and personally funding a PBA Senior Tour national event at Bowl America Manassas. In spite of the cost and the limited support he received from our local bowling community, he persevered and was able to support the senior professionals for five years.

Throughout the run of these tournaments, Hollis provided an opportunity for this area's bowlers to see and participate with some of the icons of bowling. The pro-am portion of the 2007 tournament attracted over 250 area bowlers, giving them the opportunity to bowl on the same lanes with multiple PBA Hall of Fame members holding well over 200 PBA national titles. The enthusiasm and excitement that was demonstrated can only be a positive for the future of bowling in our area.

Hollis F. McMullen is truly one of the good guys in our association. His tireless—and financial—efforts to return professional bowling to the area and his desire to provide a challenging bowling experience for those who wish to take their games to higher levels make him a worthy addition to the NCAUSBCA Hall of Fame.

Michael J. Warboy has been a long-time member of our association and has distinguished himself as both a scratch bowler and a leader in our sport. He started bowling in a youth league at Fair Lanes Bowie at age 12. Five years later in 1975, he set a Vir-Mar District Junior Bowling Association record with his 726 series on games of 217-276-233 at Bowie. In later years, he also established house records at Fair Lanes Capital Plaza, Crofton Bowling Centre, and nearby Bowl America Odenton and Brunswick Columbia Lanes.



Michael first averaged 200 at age 17. He has averaged over 220 for nearly each of the past 20 years, with a high league average of 236.5 for 96 games in the 2002-2003 season. He also has scored 24 perfect games, 14 800 series and has won five amateur tournaments.

As a member of the Professional Bowlers Association, Michael cashed in 20 PBA regional events, during which time he rolled a 300 game and an 800 series.

He started working at Bowlers General Store in Colesville, Md., in 1979. Three years later, he and his partner opened the Crofton Classic Pro Shop, which has become a thriving business located just steps outside of Crofton Bowling Centre. Michael's business commitments often prevented him from competing in many PBA regional and area weekend tournaments, but he has made sure whenever possible to circle dates on his calendar for the association's annual Championship Tournament.

In addition, Michael has taken time from his busy schedule to support numerous charities and causes. He has worked behind the scenes and literally on the lanes with Special Olympics bowlers for more than 15 years, and he often has donated items from his pro shop and requested that the value of his recent USBC honor score awards be sent to BVL. Last year, he was publicly thanked in *BOWL Magazine* for his generous equipment offer to support a breast cancer raffle that was conducted during the NCAUSBCA Annual Meeting.

While maintaining his own admirable bowling record, Michael J. Warboy has served area bowlers for over 30 years, coaching, consulting, and drilling their equipment. His ceaseless dedication to the sport of bowling and his continued support for the association and its membership make him a deserving addition to the NCAUSBCA Hall of Fame.

Hall of Fame

- 1963**
MATTHEW BENNIE *
HARRY KRAUSS *
BILLY RAPP *
ROD THOMAS *
- 1964**
CHARLES MINKER *
JAMES MOORE *
BILLY ZEH *
- 1965**
GEORGE SEELEY *
- 1967**
CHESTER NESS *
ARTHUR STELLMACHER *
- 1968**
JACK LABONTE *
- 1969**
PAUL MOHN *
- 1970**
LOU COLBERT *
WILLIAM ZIER *
- 1971**
CARL ZOST *
- 1972**
HENRY FORD *
- 1973**
FRANK DUNHAM *
C. EDWARD GOLDBERG *
JOSEPH MISELI *
ALBERT SNYDER *
- 1974**
JOHN RODOCK *
VLADIMIR WAPENSKY *
- 1975**
RICHARD BUTTERY *
JAMES ROBINETTE
MILTON SILVER *
- 1976**
VERNON ASHBACHER *
PETER SANTORA
- 1977**
MALTON EVANS *
ROBERT HENNESSY *
JOHN TASKER *
- 1978**
ROBERT DISBENNETT *
JAMES STEWARD *
- 1979**
VERNON BURKE *
JACK HORNER *
- 1980**
BEA BENNIE *
ELMER BREEDEN *
CHUCK GANNON SR. *
JOE ZINICOLA *
- 1981**
PAT MALONE *
AMY SCHEIDT *
PAUL YOST SR. *
- 1982**
LARRY O'NEILL
AL ZARRELLA *
- 1983**
MARTHA BURTON *
EARL HICKERSON *
BUTCH LUTHER JR. *
JOE TAYLOR *
- 1984**
CHARLES HAGAMAN *
RALPH HAYWARD
RAY SHACKELFORD
MARGARETTE B. UNCLES *
MARY JO WHIDDEN *
- 1985**
DOLORES "DEE" CARL *
C.L. "PAT" O'BRIEN *
JOSEPH ZOK *
- 1986**
BETTY ALLEN *
NELLIE HORNE
- 1987**
PATTY COSTELLO *
HENRY FANKHAUSER
ELMER SNYDER *
PEGGY TINNEY
EDWARD WOODBURY *
- 1988**
JOAN BURNETT
MICHAEL LADD
DORIS SHEPHERD
- 1989**
JOHN BENKO
CORNELL JACKSON
T. BOYCE JOHNSTON *
FRANCES LEE
- 1990**
ROBERT COSGROVE
AUSTIN LUTHER III
ANN SCOLES
STEVE SIPE
- 1991**
W. RAY BROTHERS
CHUCK GANNON
CHARLES MARSH *
EDWIN "BIFF" RODGERS *
A. JANE TIMMONS
- 1992**
RICHARD DODGE
JERRY FRANCOMANO
JERRY JAMES
LEONARD RAY *
SYLVESTER SOBANSKI *
- 1993**
JOSEPH CLARK JR.
IRENE DIVVER
LINDA ELMORE
BILL GLENNIE *
LARRY WALLACE
ARTHUR YOUNG *
- 1994**
GRACIE FREEMAN *
MARK GLOVER
GREG GOETZ
MIKE HAHN
JAMES B. STEWART
- 1995**
CHUCK DRAZENOVICH *
RON HOLT
MARY KEARNS
LISA RAND
JIM WRIGHT *
- 1996**
RON DAILEY *
MAGIC GRAY
JOANNE SCHWAB HARRIS
MARILYN J. HATCH
ALBERT O. ZEH
- 1997**
JIM LEWIS
DELOISE L. POINDEXTER
ELLEN PUSATERI *
HERB ZOST
- 1998**
BILL DODDS
NORA KING *
- 1999**
JONATHAN EMERY
TED GRUSZKOWSKI JR. *
WILLIE JELKS
SHIRLEY KING
- 2000**
SUE ALLEN
THOMAS E. DALE JR.
RUSSELL DODGE *
JUDY EDWARDS
BRUCE MERRIMAN
GEORGE R. SOOK
- 2001**
PALLIE BERRY *
QUINTENNA BOONE
CAROLYN JOZWIAK
BERLIN MYERS
ROGER TARR
- 2002**
HAZEL A. BEATTY
HARROLD CAPPS
PATTY GUYER
CHERYL McGRAW SPONAUGLE
WALTER R. STEINSIEK *
- 2003**
LEE BROSIUS
DAWN M. FAY
SHARON WEBER
- 2004**
GLENN A. CALLAWAY
ANTHONY CHAPMAN
KENDRA GAINES
STEVE GRAVES
VINCE JOZWIAK
- 2005**
RONALD MCGREGOR
- 2006**
THOMAS M. ALLEN
BILL GROVER
STERLING M. RAGSDALE
- 2007**
TIFFANY BELL
FRED L. TRACE
RICHARD A. WOLFE
- 2009**
TERRI A. FRANKLIN
RICK KETCHIE
RALPH "RED" NELSON
- 2010**
SUSAN M. RYAN

* = DECEASED

Kirk S. Williams was born and raised in Washington, D.C., and graduated from Roosevelt High School in 1968. He then worked three years for the C&P Telephone Company and received an honorable discharge from the National Guard approximately five years after entering the United States Secret Service Uniformed Division, for which he worked nearly 30 years.



Kirk was elected to the Nation's Capital Area Bowling Association (NCABA) board of directors in 1985 and soon was named chairman of the Awards Committee that he revitalized.

Kirk served on the Hall of Fame, Program Evaluation, Legislative, and Tournament Site committees and also did lane inspections for several years. In addition, he spent many hours in the office entering leagues into the NCABA computer system at the beginning of the season and keying in awards data for members who qualified for American Bowling Congress (ABC) and local awards.

Kirk has long assisted in bringing awards to bowling centers for presentation to league bowlers. He has conducted many

Seneca Creek State Park— a radical change in venue

This year's NCAUSBCA Hall of Fame Induction Celebration will undergo a radical change in venue when the 48th annual gathering takes place at Blue Jay Pavilion at Seneca Creek State Park in Gaithersburg, Md., on Saturday, October 8 beginning at 1 p.m.

"It is indeed a different setting—no doubt about that," said Hall of Fame Committee Chairperson Yvonne Humphries. "However, there will still be Hall of Fame induction ceremonies, and this year's inductees and the current Hall of Famers who appear will be treated with the same degree of honor and respect each has received at past induction celebrations."

NCAUSBCA's Hall of Fame "Class of 2011" consists of Hollis F. McMullen, Michael J. Warboy, and Kirk S. Williams.

The change from the traditional semi-formal affair to one less formal shouldn't matter, noted Humphries.

"I don't believe the individuals who recently were inducted into the National Football League Hall of Fame felt they were slighted or being disrespected

in any way by the casual attire worn by those who attended that event," she said. "The one big difference is that those who attend our event will get to eat and eat well!"

The bowling association's "all you can eat" affair will be catered by Strong's BBQ, with ribs, chicken, hot dogs, and hamburgers on the menu and baked beans and cole slaw available as side dishes. Sodas and water will be included, and there also will be beer from a keg that will be sold by the cup.

The committee believes that a pavilion-in-the-park setting, along with a casual dress code and a lower ticket price—not to mention the introduction of a children's ticket—might just be the ticket to bring out entire families as well as younger adult and youth bowlers.

"We want this year's event to be one for *all* of our bowlers, not just the bowling insiders," Humphries said. "We hope those who never have considered attending such an event will come out and enjoy a fall Saturday afternoon with us."

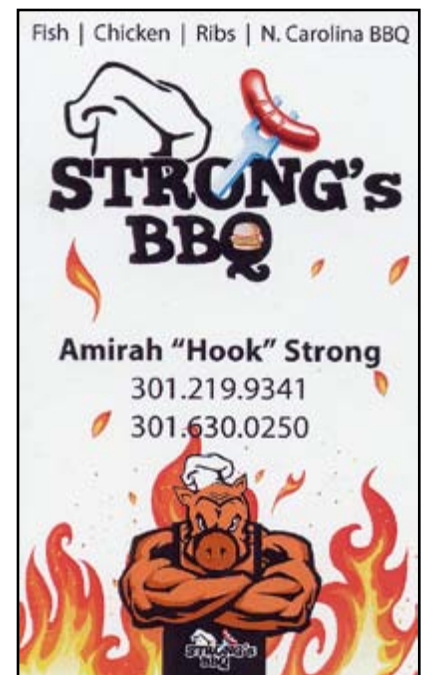
jamborees as well as numerous league meetings to work out various problems, and always has been available to help whenever and wherever needed.

Kirk attended workshops at ABC and United States Bowling Congress conventions for 26 years and at Virginia State conventions for 15 years. He also worked at NCABA, Virginia State, and NCAUSBCA tournaments. He served on the NCABA board for 21 years and currently is an NCAUSBCA director.

Kirk was elected fifth vice president of NCABA in 2000 and subsequently worked his way up to the office of president in 2005-2006, that association's final season. From 2008 to 2010, he served a two-year term as the second president of NCAUSBCA, during which time he oversaw the creation of the new Rerate Committee to help maintain integrity in bowling in this area. He also started NCAUSBCA's local awards program and plans to enhance it as funds become available.

Kirk began bowling in 1969 at Rinaldi's Riggs Plaza Bowl in Chillum, Md. His high game is 290—a feat he accomplished twice—and his high series is 769. He has been married for 26 years to his wife, Maxine, and has two children and four grandchildren from a previous marriage.

Kirk S. Williams's dedicated service on behalf of area bowlers merits him a special spot in the NCAUSBCA Hall of Fame.



BRUNSWICK BALL REBATE

\$20 \$40 \$50

CASH BACK ON THESE BRUNSWICK BALLS



Purchases must be made between July 1, 2011 and October 31, 2011. All rebate submissions must be postmarked by November 30, 2011.

**Balls and Rebate Forms available from:
SPORTS PLUS/CARMEN DON PRO SHOP
5130 Duke Street Unit 5
Alexandria VA 22304
703-751-4255**



Learn to let your natural abilities take over

Q. When I hit the lanes to practice, I do very well. My armswing is constant. I am very accurate, with good timing and a decent/constant release. However, when I am in league, I begin to struggle a lot. The aspects that I practiced I cannot repeat, and it gets in my head, and I start to do very poorly. When I am at practice, I take one shot after the other, and my muscle memory becomes sharp. In league, it takes a while from shot to shot, and I cannot seem to get into a rhythm. Any advice that you can give me to improve on this would be greatly appreciated.

A. You are correct: In practice, things move faster, and that helps keep things sharp. League is slower and has consequences, but you know how to bowl; I can tell that from your story. Now even at a slower pace, you should be able to get some rhythm.

My feeling from reading your story is

that you are trying way too hard. Relax, have some fun, and don't take a bad shot to heart.

Here is my approach to this problem when it crops up: Pretend you are writing a reply like I am now on the computer. You think about what you want to say and how to say it. Then when you are done, you hit "send" and your message goes out—no changing it now, it is done.

Your bowling shot should be like that. Think about what you want to do and how to do it. Then when you get up on the approach look at your mark, start your approach and hit the send button. Let your natural abilities take over. You have them, you do it in practice, just let it happen.

Q. I bowled my first PBA senior regional tour stop this past weekend and got my be-

hind kicked on the long oil pattern. It seemed the better players had the same thing in common: They had at some point in their life been ball drillers or pro shop owners. Being somewhat new to the sport (third season of bowling), I realize better lane adjustment decisions would have helped, but having a better understanding of pin placement, coverstock, and weight blocks would have been a major help in deciding which ball to use and when to change.

I've been searching the Web trying to find the answers. It seems all I can come up with is bit and pieces—no comprehensive information source without going to drilling school. My driller has spent a few minutes here and there trying to explain the subject, and I pepper him with questions every time I see him. Is there a source or DVD course that's not a scam or waste of money you could recommend?

A. You have hit on a subject that I hear many times: *Where can I go to learn?* Well, it seems this is one of the problems with our game today. Bowling has become more complicated because of lane conditioning and all the weight blocks and surfaces available. I also have no one-stop answer for you.

Most of the bowlers you bowled against and myself have learned by trial-and-error over time, or they have a good coach and a very good ball drilling expert who can shorten the learning curve. So my advice first would be to find a coach that knows bowling balls well, coverstock, and weight blocks. If there is not one of these in your area, write to some.

Bill Hall comes to mind; he will do things over the Internet with you. He will charge you, but I don't think it would be out of line.

You could also take a Dick Ritger class and ask for special help with lane reading and equipment choices. This also will cost, but these are a few days and very worthwhile.

Another thing you could do is find a very good ball driller who knows the balls and weight blocks. Pay him to watch your game and make suggestions on an arsenal. Pick his brain as to the best times to use the different balls.

You need time and undivided attention to learn; that is why I suggest payment. Knowledge is worth the price. If you don't think your driller or coach is



Check Your Knowledge

1. Where will NCAUSBCA hold its 2011 Hall of Fame Induction Celebration?
2. Which center will host the 2011 NCAUSBCA Senior Tournament?
3. Which center will host the 2011 NCAUSBCA Mixed Tournament?
4. How many lanes are at AMF Capital Plaza?
5. This NCAUSBCA Hall of Famer recently won a PBA regional tournament.
6. Which company markets the Critical Theory™ bowling ball?
7. Who won the scratch all events title in the 2011 NCAUSBCA Open Championship Tournament?
8. She was the last secretary of the Washington, D.C. Area Women's Bowling Association.
9. The Washington City Tenpin Bowling Association, which began in 1945, changed its name to what at the start of the 1973-1974 season?
10. She became NCAUSBCA's first female president on August 1, 2011.

ANSWERS: 1, Seneca Creek State Park; 2, Bowl America Catheysburg; 3, Bowl America Fairfax; 4, 48; 5, Mark Clover; 6, Roto Crp; 7, Oley Khounesavath; 8, Tena Boone; 9, Nation's Capital Area Bowling Association; 10, Jane Andrews.

doing the job, you need to search one out. Ask the bowlers who stuffed you last weekend; they have people who are helping them.

Q. *I take the summer off from bowling, but the new season is going to start soon. I usually don't bowl again until the first night of league. This year, I want to start the season off in better shape. How can I get back into the game without spending all of my time at the lanes?*

A. The first thing I would do is take your equipment to your pro shop and make sure everything fits, and make sure everything is clean and resurfaced if needed.

Then start easy; you haven't bowled in three-plus months. You don't want to strain or pull muscles. Stretch out before starting and just bowl a game or two a couple of times the first week of August.

Increase to your normal league amount

of games the second week three or four games. During Weeks 3 and 4, increase to three times a week if possible, and be sure and go to the center on the night you regularly bowl at the time you bowl. This will get you back into the season routine.

As you are doing this, don't look at your score or care about it, this is practice. In fact, you could throw at spares first like the 7- and 10-pin and your strike ball second. You will get more shots for your money and be better on your spares.

Here is a question for you: *What do you get for a strike in practice?* Answer: One less shot!

Q. *I am a 65-year-old male adult, and I'm considering dropping my ball weight from 15 to 14 pounds. I was advised by my pro shop that it will be easier to rev a lighter ball, and faster ball speed can be attained. Is this true? What is the downside to such a change in the ball weight? Will I have to tweak my steps to*

retain my good timing, and will a lighter ball have a significant difference in its reaction? Please advise.

A. You can turn a lighter ball harder and also throw it harder. It will not take long to get your timing with the lighter ball.

When I tried the lighter ball, because of more speed, the ball retains more energy for back-end reaction. I found the 14-pound ball hit harder than my 15, but the downside was I left more solid 7's and 8's and even 9's than with my 15.

Along with that, I felt that I left a few more weak 10-pins, so I went back to 15 pounds. But 14's do hit just as hard and are very controllable, so if you need the extra speed, it is worth a try. You can also bowl longer with the lighter ball.

Ask Bob a question

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Our Back Pages

5 Years Ago

- The Hall of Fame “Class of 2006” includes Thomas M. Allen, Bill Grover, and Sterling M. Ragsdale.
- [Chris Johnson](#) is the subject of the Mini-Bio.
- [Darryl Carreon](#) tells about a change in his game when shooting spares.

10 Years Ago

- The newest Hall of Fame inductees are Pallie Berry, Quintenna Boone, Carolyn Jozwiak, Berlin Myers, and Roger Tarr.
- James M. Wolfe, the association’s No. 1 ranked bowler for 2000-2001 with a 233.975 composite average, records the highest league average of 240.
- Pro Shop Perspective columnist Chris Ward suggests [five ways to obtain better service from your area pro shop](#).

15 Years Ago

- The area’s Halls of Fame add Ron Dailey, Magic Gray, Joanne Schwab Harris, Marilyn Hatch, and Albert O. Zeh.
- Recent winners in Nation’s Capital/Baltimore Area Masters events include Russ Sawyers, David Hart, John Gaines, and Chip Hamilton.
- NCABA President Bobby Wright offers [“10 steps to a successful season.”](#)

20 Years Ago

- WDCAWBA & NCABA Hall of Fame inductees include A. Jane Timmons, W. Ray Brothers, Chuck Gannon, the late Charles E. Marsh, and Edwin “Biff” Rodgers.
- The “O” Zone columnist Larry O’Neill pens [“Getting ready for the new season.”](#)
- The new Bowl America Woodbridge opens on August 3, 1991.

25 Years Ago

- Betty Allen and Nellie Horne are elected to the WDCAWBA Hall of Fame.
- Local cashers in a PBA Eastern regional event at Crofton includes Mike Warboy, John Tragert, David Kneas, William Aceto, Greg Goetz, and Larry O’Neill.
- Bowl America’s Director of Operations Irv Clark explains it would no longer be economically feasible to build a commercial bowling center in the District due to the high cost and low supply of land.

30 Years Ago

- Larry O’Neill and Jody Feinman emerge as men’s and women’s champions of the 1981 Metro Washington Bowling Proprietors’ Association Invitational Tournament at Fair Lanes Bowie.
- Fred Bevenour records the seasonal high game of 287 in the Bob Capps Memorial league at Fair Lanes College Park.
- Richard Terry of Fair Lanes University is the male plaque winner in the “8-under” category of the Vir-Mar District JBA 4th Annual Bowler of the Year Tournament.

35 Years Ago

- Vernon Ashbacher and Pete Santora are elected to the NCABA Hall of Fame.
- David Leatherman scores a 298 game in the Virginia Junior Masters league at Annandale Bowl, leaving the 4-6 split on his final ball.
- Mike Burchfield captures the Classic Division of the Nation’s Capital Singles Classic with his 1,115 five-game total.

40 Years Ago

- Top area bowler Jim Robinette names [the five most common mistakes](#) he has observed among bowlers.
- Two area Bowl America centers—Glassmanor and Kent—each are remodeled to house 40 tenpin lanes.
- Paul Sarokin becomes the new editor of *BOWL Magazine*.

NCAUSBCA 2010-2011 center averages

BA Woodbridge.....	172.856
BA Chantilly.....	172.568
BA Dranesville	171.582
BA Shirley.....	170.379
BA Gaithersburg	170.350
BA Manassas	169.463
Rinaldi’s Riverdale Bowl..	167.089
AMF Capital Plaza	166.833
Andrews AFB.....	166.793
AMF Marlow Heights.....	166.435
Lord Calvert	166.213
Parkland	165.919
BA Bull Run	165.424
AMF Waldorf.....	164.986
AMF Laurel.....	164.644
BA Falls Church	164.366
Crofton.....	163.666
Patuxent River	162.682
Potomac Lanes	160.876
The Lanes Fort Meade	159.589
AMF Dale City.....	156.471
Village Lanes	155.980
Esperanza.....	155.936
BA Fairfax.....	155.423
AMF Annandale.....	155.296
BA Burke	155.181
AMF Centreville.....	153.970
AMF Alexandria.....	153.631
Fort Belvoir.....	152.952
Quantico	152.198
Naval Medical Center	152.094
Fort Myer	150.451
AMF 300 Shady Grove ...	150.383
AMF College Park.....	144.848
Indian Head	132.953
U.S. Bowling.....	123.177

Go Figure

375,190,452

Total pinfall by NCAUSBCA adult members during the 2010-2011 season.

165.272

Average score by NCAUSBCA adult members during the 2010-2011 season.

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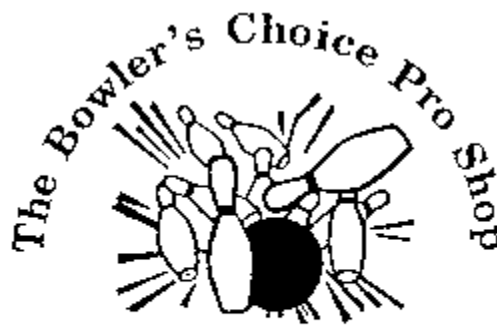
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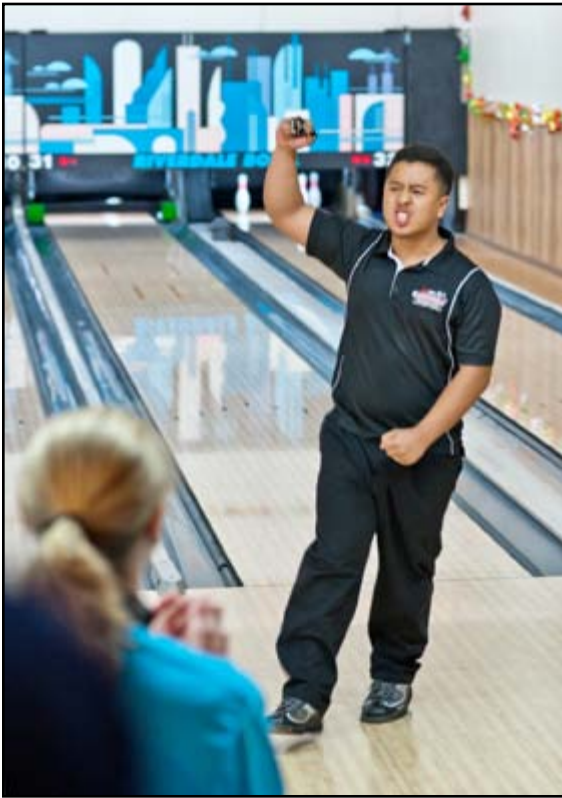
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Sports Plus/Carmen Don Pro-Am raises \$2,500 for BVL



Jason Eman raises his fist in triumph after scoring a "3-6-9" 300 game in the Sports Plus/Carmen Don Pro-Am Tournament held August 3 at Rinaldi's Riverdale Bowl. Applauding at lower left is professional bowler Kelly Kulick, who along with amateurs Chris Garvey and Zo "898" Isaac, also tallied perfect games. ... The event, including added money from the sponsor, raised \$2,500 towards NCAUSBCA's 2011-2012 campaign for BVL (Bowlers to Veterans Link), bowling's oldest charity that supports America's veteran and active duty service men and women. ... This first venture was deemed a success, and plans already are under way for a bigger and better tournament in 2012.



Cornelius Robinson earned a \$35 gift certificate as a result of placing fifth in the Youth Division of the pro-am.



PBA stars Bill O'Neill (left) and Michael Fagan share thoughts between pro-am squads. Fellow national touring pros Kelly Kulick and Mike Scroggins also participated along with top local players Darryl Carreon, Sean Friendly, David Kneas, Jim Lewis, and Mike Marsico.

ADDITIONAL PRO-AM PHOTOS APPEAR [HERE](#). ... INFORMATION RELATED TO THIS EVENT ALSO APPEARS ON BVL'S WEB SITE AT BOWLFORVETERANS.ORG.

Tournament Roundup

PBA East Region Colony Park Lanes Senior Open, York, Pa. (Brent Hunter, Glenville, Pa., \$1,500) – 4, Greg Wilhelm, Stafford, Va., \$725; 7, Ed Cutter, Manassas Park, Va., \$625;



Mark Glover

PBA Senior Decatur (Ill.) Open (Dale Eagle, Tavares, Fla., \$7,500) – 23, Mark Glover, Woodbridge, Va., \$1,050.

PBA East Region Iroquois Lanes Senior Open, Canajoharie, N.Y. (Sammy Ventura, Syracuse, N.Y., \$1,500) – 4, David Kneas, Annapolis, \$650.

PBA East Region Storm Products/Bowlers Supply Open, York, Pa. (Bill O'Neill, Southampton, Pa., \$2,800) – 12, David Kneas, \$650.

Sports Plus/Carmen Don Pro-Am at Rinaldi's Riverdale Bowl – Adult Division: 1, Larry Gonzales, Fort Washington, Md., \$500; 2, Nick Stepanovich, Springfield, Va., \$300; 3, Robert Bowling, Gwynn Oak, Md., \$200; 4, Missy Ryan, Springfield, \$150; 5, Sharon Lee, Suitland, Md., \$100; 6 (tie), Zo Isaac, Landover, Md., and Leslie Harmon, Jessup, Md., \$75. ... **Youth Division:** 1, Nyla Wilson, Oxon Hill, Md., ball of choice; 2, DeAndre Bell, Dumfries, Va., Track 718A ball; 3, Kashawn Bell, Capitol Heights, Md., Ebonite Cyclone ball; 4, Dakwan Taylor, D.C., \$50 gift certificate; 5, Cornelius Robinson, D.C., \$35 gift certificate.

PBA East Region Appletree Classic, Middletown, Del. (Dick Allen, Columbia, S.C., \$10,000) – 9, Bobby Hall II, Landover, Md., \$1,050; 11, Billy Asbury, Odenton, Md., \$950; 45, Michael Marsico, Chesapeake Beach, Md., \$450; 86, David Kneas (senior), \$250.



Darryl Carreon

PBA South Region Fayetteville, N.C., Open (Kip Roberts, Glenallen, Va., \$2,500) – 22, Darryl Carreon (guest), Fort Washington, \$425.

PBA South Region Gastonia, N.C., Open (Dick Allen, \$2,000) – 9, Bobby Hall II, \$550; 24, Ricky Henderson (guest), Baltimore, \$400.

PBA East Region Cap Card Open, Lebanon, Pa. (Danny Wiseman, Baltimore, \$2,700) – 18, David Kneas, \$425; 27, Michael Marsico, \$400.

PBA East Region Mil-Ray Foods Senior Open, Cherry Hill, N.J. – 1, Mark Glover, \$2,500; 11, Ed Cutter, \$550; 19, Scott McAlpine, Leesburg, Va., \$200.

See **ROUNDUP**, page 17

Greater Washington Bowling Senate celebrates 50 years

The Greater Washington Bowling Senate, the second largest senate within The National Bowling Association, Inc. (TNBA), currently is celebrating its 50th anniversary. GWBS President Barbara Vaughan graciously provides readers with a few highlights from those years:

- **1961** – An organizational meeting is held Saturday, August 19 at 4 p.m. in the ballroom on second floor of the Masonic Temple, located at 10th and U Streets NW in Washington, D.C., and a national representative is invited. Upon completion of business, the Greater Washington Bowling Senate is officially chartered and its first elected officers are: James Minor, president; Fred Coleman, vice president; **Martha Burton**, secretary; Robert Edmonds, treasurer; and James Hurley, publicity/business manager.
- **1966** – On Friday, June 24, **Margarette Uncles**, a 45-year-old professional babysitter from Silver Spring, Md., scores 300 at Bowl America Town Center in the District to become the first woman in the Washington metropolitan area to roll a perfect game in a sanctioned tenpin bowling competition.
- **1985** – Senate King **Edward Woodbury** becomes GWBS's first National King.
- **1990** – Crystal D. Garner, daughter of Christine Thompson, is the first youth bowler to receive a TNBA scholarship award. She goes on to graduate at the top of her class in the School of Nursing at the University of North Carolina in Greensboro.
- **1991** – Senate Queen Johnnie M. Andrews is crowned TNBA Queen in Denver, Colorado.

To this date, this Senate has a royal court of consisting of seven National Kings and seven National Queens.

Additional information about GWBS is available [here](#).

Virginia State Pepsi USBC Youth Championships, Mechanicsville – Boys 11 & Under:

1, Daniel Durbala, BA Gaithersburg, \$400 (scholarship); 3, Brandon Zickefoose, Lord Calvert, \$240; 4, Jimmy Dunseath, BA Bull Run, \$190; 5, Tyler Hance, Lord Calvert, \$160; 9, Ryan Derfler, BA Woodbridge, \$120; 10, Shane Walls, AMF Waldorf, \$115; 12, Justin Webber, AMF Waldorf, \$105. ...

Girls 11 & Under: 2, Danielle Millar, BA Bull Run, \$310; 4, Amanda Rendall, BA Manassas, \$190; 6, Laney Wells, Lord Calvert, \$140. ...

Boys 12 & Above (Handicap): 3, Mark Short, BA Falls Church, \$320; 4, Diamante Winters, AMF Waldorf, \$250; 6, Johnathan Durabala, BA Gaithersburg, \$165; 10, Thomas Beal, AMF Waldorf, \$130; 16, Todd Balleaux, AMF Waldorf, \$100. ...

Girls 12 & Above (Handicap): 1, Bethany Rendall, BA Manassas, \$500; 3, Brianna McCastle, AMF Dale City, \$320; 4, Cayla Davidson, BA Manassas, \$250; 5, Sarah Keller, BA Woodbridge, \$200; 7, Briana Williams, BA Woodbridge, \$155; 10, Theresa Murphy, AMF Waldorf, \$130.



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Deer Park, NY



Joe Kirchgassner
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AMF Kegler's Lanes
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Leon Mirador
Division B
AMF Mission Lanes
Milpitas, CA



John Shuminski
Division C
AMF Noble Manor Lanes
Pittsburgh, PA

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THE LIST

NCAUSBCA 2010-2011 leagues with the highest composite averages:

NW V Scratch Trios.....	AMF Laurel.....	209.938
Sunday AM Commercial.....	BA Manassas.....	206.522
G-Burg Invit. ReMax.....	BA Gaithersburg.....	205.869
Rinaldi's Scratch.....	Rinaldi's Riverdale Bowl....	204.469
Jimmy Jones Trios.....	AMF Waldorf.....	201.587
Stan Soaper Men's Commercial....	BA Shirley.....	198.724
DCMMCL.....	BA Woodbridge.....	198.474
Automotive Men.....	BA Woodbridge.....	198.313
Potomac Area Men.....	BA Shirley.....	198.192
Falls Church Commercial.....	BA Falls Church.....	197.521
Boys Night Out.....	BA Dranesville.....	196.584
Monday Night Classic.....	BA Bull Run.....	196.227
Tuesday Nite Men's Handicap.....	Lord Calvert Bowl.....	195.816
Lost & Found.....	BA Shirley.....	194.613
Polish Open.....	Crofton Bowling Centre.....	194.013
Woodbridge Handicap Trios.....	BA Woodbridge.....	193.513
Wednesday Morning ABC.....	AMF Marlow Heights.....	191.126
Tuesday Night Commercial.....	Rinaldi's Riverdale Bowl....	188.522

First Niters Mixed.....	BA Falls Church.....	188.518
Bottom Liners.....	AMF Capital Plaza.....	187.839
Thursday Nite Owls.....	Village Lanes.....	187.623
Fun Incorporated Mixed.....	AMF Marlow Heights.....	186.959
Sunday Morning Mixed.....	AMF Marlow Heights.....	186.809
Thursday Men & Women.....	BA Dranesville.....	186.202
Monday Mixed Fives.....	BA Gaithersburg.....	185.022
Friday Night Memorial.....	BA Woodbridge.....	184.689
Merchants Mixed.....	BA Woodbridge.....	184.051
3 Brothers/Renegades.....	Rinaldi's Riverdale Bowl....	183.419
Pinbusters Mixed.....	Parkland.....	183.269
Family, Friends, & Neighbors	Rinaldi's Riverdale Bowl....	182.559
Wednesday Fun Mixed.....	BA Chantilly.....	182.224
Centreville Classics.....	BA Chantilly.....	182.166
Monday Nite Power Rollers.....	AMF Marlow Heights.....	182.053
Monday Night Mixed.....	BA Manassas.....	181.820
Challenge Shot Doubles.....	BA Shirley.....	181.735
Tri-Nitely.....	Crofton Bowling Centre.....	180.543
Thursday Nite Mixed.....	BA Manassas.....	180.172
Saturday Sociables Mixed.....	AMF Waldorf.....	180.127

ASSOCIATION HONOR SCORE AWARDS

800 Series

832	Ball, Howard P Jr - CAS01
821	To, Chhoeun - FC003
819	Garvey, Christopher J - SLS04
815	Henderson, Ricky C - RDS03
808	Lee, Christopher E - PK005
807	Wallace, Ricky L - WB011
805	Middleton, Thomas - CYS02
804	Cowart, Shawn C - GBS03

300 Game

Addison, Alfred A - WAS01
Andrejack, Michael J - WBS06
Ball, Howard P Jr - CAS01
Batt, Mitchell I - GBS02

Batten, C J - CY003
Boyd, Michael J - FCS04
Brown, Eric R - CRS08
Burt, James C - CYS02
Coates, Nicole L - MHS02
Connick, Scott N - WA003
Dailey, Frederick L - SL013
Diggs, Dervin B - WA017
Estep, Steuart D Jr - GB012
Franklin, Robert T - CYS03
Garvey, Christopher J - SLS04
Goodall, Robert P - SLS04
Gregg, David A - GBS02
Hardy, Timothy W - WAS01
Horton, Glenn J - CYS02
Hyatt, Richard P - LCS04
Jeles, Willie J - SL006
Johnson, William J - LC003
Lancaster, Timothy W - SL011
Lee, Kenneth W Sr - LCS04
Majors, William S - SLS03

Martin, Paige R - MH027
Mason, Craig S - WBS06
Mehio, Bryant C - CYS02
Paczkowski, Matthew J - WBS15
Payton, Troy D - GBS02
Pitts, Lester E Jr - WAS09
Preston, Kyle A Sr - WB020
Price, Chris L - DR008
Reinhart, Thomas W - GBS03
Rhone, Kilinia B - MHS03
Riley, Michael J Jr - SL012
Rose, Howard A - MHS03
Ryan, David C - SL011
Skidmore, Scott W - FCS13
Staton, Sandy - RDS02
Washington, Lawrence P - PK005
Whitt, David A - GBS05
Wilson, John R Jr - AX015
Windsor, Allen - SL002
Womack, Adam D - CAS01
Woodson, Benjamin A Jr - CYS03

30TH ANNUAL SENIOR TOURNAMENT



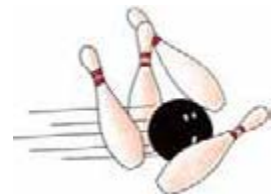
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*Team, Singles, or Doubles may be bowled during any of the following times:
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Saturday, Oct. 22, 2011	1:30 PM	4:30 PM
Sunday, Oct. 23, 2011	1:00 PM	4:00 PM
Saturday, Oct. 29, 2011	1:00 PM	4:00 PM
Sunday, Oct. 30, 2011	1:00 PM	4:00 PM

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Bowl America Falls Church..... (703) 534-1370
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Falls Church, VA 22046

Bowl America Manassas..... (703) 368-2161
9000 Mathis Avenue
Manassas, VA 20110

Bowl America Shirley..... (703) 354-3300
6450 Edsall Road
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Bowl America Woodbridge.....(703) 494-9191
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